SWISS ALPS THE ITALIAN LAKES





JUNE 30-JULY 9, 2017
WITH FACULTY LECTURER LINDA DELIBERO



A World Apart

The story of travel involves more than a ticket and a passport. It should weave together discovery, education and humanity, the best elements of any compelling tale. Your personal travel story begins with our commitment to delivering authentic experiences with local people.

The incomparable value of your journey lies in the personalized care you receive from your Travel Director and the knowledge you gain from expert guides and lecturers, who call this area home.

By eliminating logistical worries, your multilingual Travel Director allows you to immerse yourself comfortably in your surroundings. This high-caliber professional makes you feel safe and important by creating a convivial, welcoming atmosphere.

The other important characters in this story are the guides and lecturers, whose regional expertise shines in their insider perspective and commentary.

With these specialists at your side, become intimately engaged in the rhythm of these Swiss and Italian communities, adding another memorable chapter to the rich story of your life.

Above: St. Moritz | Cover: Stresa

- ► Witness majestic scenery aboard the **Bernina Express**, the highest rail crossing in the Alps.
- ► Cruise glamorous **Lake Como** on a private boat.
- ► Bask in the Italian sun during lunch at a rooftop terrace restaurant in **Bellagio**, overlooking Lake Como.
- ► Fall for the charm of Isola dei Pescatori, a tiny island fishing village in Lake Maggiore's **Borromean** Islands.
- ► Wind your way through the stunning Maloja Pass.
- ► Explore **St. Moritz,** jet-set resort town and idyllic alpine hiking locale.





Linda DeLibero is the director of the Film and Media Studies program at Johns Hopkins University, where she teaches film history and criticism. She has published widely on film, media, and popular culture in numerous publications, including Book Forum, The Hopkins Review, The Village Voice, VLS, The Boston Review, In These Times, and Newsday, and her radio show on film can be heard monthly on WYPR's Midday with Dan Rodricks. Her forthcoming book on Marlon Brando is part of the Icons of America series from Yale University Press. In addition to her professional life as a film teacher and critic, she has been a food and travel reviewer, writer and editor at Baltimore magazine for twenty years. Her topics will include the literary history of the Italian Lake District and history of Switzerland's chocolate and cheese.



Dear Johns Hopkins Alumni and Friends,

Treat your senses to awe-inspiring scenery, fresh mountain air, savory cuisine and more as you join us on a journey to the Swiss Alps and the Italian Lakes.

From cosmopolitan St. Moritz in the Engadin Valley, explore the Alps with an included railway and gondola pass. Continue to Italy, and discover Stresa, the Borromean Islands and Milan. Along the way, ride the Rhaetian Railway in the Bernina landscape of the Alps and visit Milan's church of Santa Maria delle Grazie with da Vinci's "The Last Supper."

The expertly planned itinerary features the perfect blend of guided excursions and time to enjoy the thrill of discovery on your own. Get an in-depth look at the local culture and history through exclusive educational content, a special feature of all Alumni Campus Abroad® programs.

Space is limited in this popular program, so please make your reservations without delay!

Sincerely,

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Marguerite I. Jones, A&S '74, Bus '88 Travel Program Director, Office of Alumni Relations The Johns Hopkins University

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| UNESCO |

Two UNESCO World Heritage sites are featured in this comprehensive program:

- Rhaetian Railway, Bernina Landscape, Switzerland
- 2. Church and Dominican
 Convent of Santa Maria
 delle Grazie with
 Leonardo's "The Last
 Supper" in Milan, Italy





iscover the magic of stunning mountain vistas and glittering glacial waters on this trip to the Swiss Alps and Italy's Lake District. Start in the glamorous Engadin resort town of St. Moritz, Switzerland, the perfect base from which to immerse yourself in the beauty of the Alps and the charm of the villages tucked within. Your journey continues south to Stresa, Italy. While staying at this retreat on the shores of Lake Maggiore, visit some of Italy's most famous lake towns, discover the Borromean Islands and stroll through fashionable Milan. Like literary luminaries of the 19th century, find your own inspiration among the region's architecture, picturesque views and welcoming local people.

DAY ONE

IN TRANSIT

Depart for Zürich, Switzerland.★

DAY TWO D

ZÜRICH, SWITZERLAND | ST. MORITZ

Upon arrival in Zürich, transfer ★ to St. Moritz. Check in to the Hotel Schweizerhof.

Join your fellow travelers for a Welcome Reception followed by a Welcome Dinner.

DAY THREE

ZUOZ | ST. MORITZ

Educational Focus: *Swiss Icons* — *An Introduction to Switzerland.* Learn about the culture and history of Switzerland through objects that symbolize the country.

Excursion: *St. Moritz and Zuoz.* Explore St. Moritz with a local guide. See highlights and step inside a bakery and other businesses to meet the shopkeepers who make this mountain retreat so sweet. Then, continue by train to Zuoz. A walking tour showcases the charming



public square of this picturesque Upper Engadin village. Stroll through narrow streets lined by brightly colored buildings, many constructed in the 13th century.

Independent Exploration: The afternoon is yours to enjoy St. Moritz and its surroundings at your leisure. Hike around postcard-perfect Lake St. Moritz or take in the fresh Alpine air using your included gondola pass, which gives you access to 13 cable cars, funiculars and chairlifts.

Swiss cuisine with a fondue dinner at a St. Moritz restaurant.

DAY FOUR B | L

TIRANO, ITALY

Excursion: *Bernina Express.* Wind your way from craggy mountain peaks to palm-lined streets along a train ride to Tirano, Italy. The Bernina Express travels one of Europe's most impressively engineered rail routes through mountain passes and Alpine villages. Enjoy free time in Tirano.

Local Flavor: Savor an Italian lunch at an osteria in Tirano.

Educational Focus: *Meet the People.*

Sit down with some St. Moritz residents for a discussion about Swiss life.

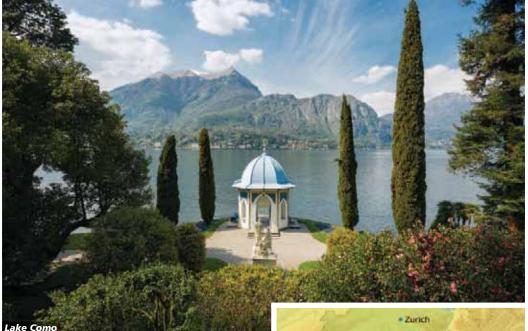
DAY FIVE

В

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ST. MORITZ

Independent Exploration: Pass the day at leisure in St. Moritz and the Engadin valley. Use



your included gondola pass to explore the region. Enjoy a ride on one of the hotel's mountain bikes, hike through mountain forests or relax with a drink as you overlook the tranquil lake.

DAY SIX B | L | D

STRESA, ITALY

Excursion: The Road to Stresa. Take a scenic journey to Stresa. Begin with a thrilling drive through the Maloja Pass, filled with hairpin turns and switchbacks. Enjoy views of mirrored lakes and quaint Swiss villages. Cross the Italian border and arrive in the town of Tremezzo on the shore of Lake Como. Cruise to Bellagio and continue by boat to Como before finishing the scenic drive to Stresa.

In Stresa, check in to the Hotel La Palma. **Local Flavor:** En route to Stresa, stop in Bellagio for lunch with a view of Lake Como, perhaps the region's most famous lake.

DAY SEVEN B

BORROMEAN ISLANDS

Educational Focus: *Italy's Lake District.*Learn the history of this popular and glamorous destination.

Excursion: The Borromean Islands.

Cruise Lake Maggiore to Isola Madre and explore its lush, English-style gardens. Continue to Isola dei Pescatori. Surrounded by the rustic charm of the island's picturesque fishing village, enjoy lunch on your own. Wander its narrow streets strung with fishing nets and adorned with shrines to the Madonna. Conclude your island cruise with a visit to Isola Bella, whose beauty has been extolled by writers over the centuries. Explore its 17th-century baroque

palace that features a mosaic grotto and an astounding collection of art and antiques. Stroll through hanging gardens filled with Greek and Roman statues while listening to the songs of rare birds.

SWITZERLAND

St. Moritz

Milan

- Laire Como

ITALY

Educational Focus: *Golden Age of the Renaissance.* Examine the genius of Michelangelo and Leonardo da Vinci, who have influenced scores of painters and sculptors following in their footsteps.

DAY EIGHT

MILAN

Excursion: *Milan*. Visit the Church of Santa Maria delle Grazie and step inside its humble rectory to behold Leonardo da Vinci's famed masterpiece, "The Last Supper." Next, visit the museum at La Scala, Milan's legendary opera house, and the city's 14th-century Duomo, a Gothic cathedral defended by 2,244 marble saints and nearly 100 scowling gargoyles. **Independent Exploration:** Spend the

afternoon at leisure in Milan. Enjoy lunch on



your own before tackling your personal must-do list in this 2,500-year-old city. Shop the chic boutiques of Italy's fashion capital, or view medieval, Renaissance and modern art at Milan's many museums. See 15th-century Sforza Castle, or learn about the city's Roman past at the nearby archaeological museum. Return to Stresa for an evening at leisure.

DAY NINE

B|D

STRESA

Independent Exploration: Enjoy a full day in Stresa. Shop for mementos, stroll past art deco hotels along the lakefront or relax and enjoy the town's scenic views.

This evening, join your fellow travelers at your Graduation Ceremony and Farewell Reception, followed by a Farewell Dinner.

DAY TEN

В

IN TRANSIT

After breakfast, transfer ★ to the airport for the return flight to your gateway city.

Note: Itinerary may change due to local conditions. Walking is required on many excursions, and surfaces may be uneven or unpaved.

★ Provided for AHI FlexAir participants

BILID denotes included breakfasts, lunches and dinners.

Elective experiences available at an additional cost



Hotel Schweizerhof, St. Moritz

| INCLUDED FEATURES |

ACCOMMODATIONS

(With baggage handling.)

- Four nights in St. Moritz, Switzerland, at the Hotel Schweizerhof.
- Four nights in Stresa, Italy, at the Hotel La Palma.

TRANSFERS

• The deluxe motor coach transfer in the Land Program.

MEALS

- Enjoy an extensive meal program, featuring eight breakfasts, two lunches and four dinners. Tea or coffee is included with all meals, plus wine with dinner.
- Sample authentic regional specialties at local restaurants.
- Attend a special Welcome Reception and Dinner.
- Gather for a Farewell Reception and a Graduation Ceremony, followed by a Farewell Dinner.

YOUR EXCITING TRAVEL PROGRAM

- **Informative educational programs,** presented by local experts, will enhance your insight into the region.
- Personal VOX listening devices allow you to hear every word from your expert, English-speaking guides.
- Tipping of excursion guides and drivers.
- The following excursions:
 - Get to know glamorous St. Moritz.
 - Admire the pristine Alpine scenery during a ride on the Bernina Express.
 - Travel through the Maloja Pass, one of the most scenic Alpine roads.
 - Cruise Lake Como from Bellagio to Como.
 - Visit the pretty Borromean Islands of Lake Maggiore.
 - Explore Milan, Italy's fashion capital and home to Leonardo's masterpiece, "The Last Supper."





AHI TRAVEL EXPERTISE

From your reservation to your return home, we are here to ensure you have the adventure of a lifetime.

Before you go:

- ► TRAVEL CONSULTANTS | These experts stand ready to answer your questions about activities, meals, accommodations and more as they guide you through the reservation process.
- ▶ PASSENGER SERVICE REPRESENTATIVE | Once you have reserved your spot, enjoy personalized assistance from this specialist, your one point of contact who will help you with everything from arranging flights to booking elective activities to fulfilling special requests.
- ► **TRAVEL INFORMATION** | Receive extensive destination information and travel tips compiled by our travel-savvy team to fully prepare you for your journey.

Once you arrive:

On the ground, three layers of top-quality professionals offer their insiders' perspective. From suggesting the best café or pub to sharing a laugh over the stories of the day, our dedicated team takes your adventure to the next level.

- ► TRAVEL DIRECTOR | Throughout your journey, you will be in the care of a seasoned AHI travel professional who will manage all the logistics, allowing you to relax and simply soak up the ambience. Resourceful, knowledgeable and attentive, your Travel Director helps to ensure you enjoy an unforgettable travel experience.
- ▶ **EXPERT GUIDES** | Who better to show you around than the people who live there? We've specially selected informed and enthusiastic local professional guides who understand the needs of our educated and curious travelers. Warm and genuine, they're ready to share their passion for their country with you.
- ▶ **LECTURERS** | Coming from all walks of life, our entertaining local lecturers open your eyes to history and current events. The breadth of their knowledge deepens your appreciation for the region and its heritage.

HOTEL LA PALMA LETRESA



HOTEL LA PALMA | STRESA

Our travel experts have carefully selected these first-class properties for their prime locations. They are ideally located for exploring the region's renowned landmarks, while providing opportunities to immerse yourself in local life. Of utmost importance is the quality of the services, amenities and accommodations, allowing you to fully enjoy your stay.

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LAND PROGRAM

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*Special Price valid if booked by the date found on the address panel. VAT is an additional \$295 per person.

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BAGGAGE-Baggage restrictions vary according to the airline policy and the class of service flown. Details will be provided with your pre-departure information. Baggage allowances are subject to change by the carrier without notice. Excess baggage charges for additional or oversized/overweight pieces are expensive and not included in your trip price; plan your wardrobe accordingly. Transport of baggage and personal effects is at the owner's risk throughout the travel program.

THAN 60 DAYS PRIOR TO DEPARTURE. Passengers who choose to make their own airline reservations independently will be wholly responsible for arrival and departure transfers, and any airline fees or

penalties incurred as a result of program cancellation and/or change in travel dates, or airline sched-

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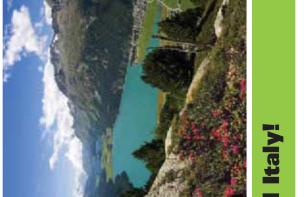
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